

## WALT: Understand how smoking affects our bodies

### Vocabulary

Choices

Healthy behaviour

Unhealthy behaviour

Informed decision

Pressure

How many ways do you think smoking affects your body? Make a list.

These are some of the ways long-term smoking can affect your body.

heart disease

lung disease

stomach ulcers



addiction

wrinkles

mouth cancer

skin damage

throat cancer

## Questions to ask yourself after seeing the poster:

1. What happens inside the body if people smoke?

2. What do people who smoke smell like?

3. How does a person feel if they smoke?

3. Do you think this is a good advert for smoking?

4. If smokers saw this, would it make them give up smoking?



Activity:

Create your own anti-smoking poster