

# Gratitude Questions

What was the last kind thing someone did for you? For example, someone may have said 'thank you' when you passed them something or they may have held the door open for you.

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Who makes you happy and why? For example, your parents/carers, teachers, siblings, friends.

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How do you feel when you do something kind for someone else and they say thank you to you?

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# Gratitude Questions

What are you the most grateful for in your life?

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What do you love doing?

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